

**DETACH AND RETURN**

**Camp Schedule:**

**Date: Sunday, June 21**

- 3:30-5:00 Arrival and Check-in
- 6:00 Orientation Meeting
- 7:00 First Practice
- 8:30 Chapel
- 10:00 Group Meetings/Snacks
- 10:30 Lights Out

**Dates: Monday & Tuesday, June 22-23**

- 7:00 Rise and Shine
- 7:30 Breakfast
- 8:30 Morning Practice
- 11:30 Lunch
- 12:30 Study Skills
- 1:30 Free Time (Swimming, Basketball, Tennis)
- 2:45 Afternoon Practice
- 5:00 Supper
- 6:00 Group Meetings
- 6:30 Razzle Dazzle
- 8:30 Chapel
- 10:00 Group Meetings
- 10:30 Lights Out

**Date: Wednesday, June 24**

- 7:00 Rise and Shine
- 7:30 Breakfast
- 8:30 Room Inspection
- 9:00 Chapel Celebration (Parents Invited)
- 10:00 Razzle Dazzle Championships
- 10:30 Champions vs. Counselors
- 11:30 Check out and Departure

**Directions:**

Central State University is located in Wilberforce, OH on Rt. 42 north of Xenia and south of Cedarville.

**For More Information:**

Contact CSU's Football Office Toll Free at 1-866-593-3416 or 937-376-6008 Coach Darrel Suber, Camp Director



**Camp Registration Form**



**Registration fee is \$150.00. Make payable to Central State Football. Money Order, Cashier's Check, or Cash. Mail completed form and a deposit of \$50.00 to: Central State Football, P.O. Box 1004, Wilberforce, OH 45384.**

Name: \_\_\_\_\_ (Area Code) & Phone: \_\_\_\_\_

Parent or Guardian's Names: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Age: \_\_\_\_\_ T-shirt Size **Y** or **A** \_\_\_\_\_ \* Youth ( S, M, L) or \* Adult (S-XXXXL)

Emergency Name and Telephone Contact: \_\_\_\_\_

Room Mate Preference: \_\_\_\_\_

**Please select ONLY ONE Offensive and ONE Defensive Position!**

**Offense:** Line: \_\_ Tight End: \_\_ Receiver: \_\_ Running Back: \_\_ Quarterback: \_\_

**Defense:** Line; \_\_ Defensive End: \_\_ Linebacker: \_\_ Defensive Back: \_\_

**Number of Years Playing Full Contact Football:** \_\_\_\_\_

**Waiver Form**

The undersigned, being the custodial parent/legal guardian for the above named participant, hereby releases and waives any and all claims, losses, damages, injuries to person or property, expense, cause of action or cost named participant has, had or may have in the future have against Central State University, its employees, agents, and all event sponsors arising from or relating to participant's participation in, and/or the conduct of, the event. The undersigned also hereby authorizes the director/staff of the event to act according to their best judgment in seeking and obtaining medical care and treatment for the above named participant.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

### **Don't Miss It!**

"Practice the **Drills**, that teach the **Skills**, and experience the **Thrills** of playing football."

Dear Parents/Guardians & Players:

The purpose of the 2009 Central State University Football camp is two-fold:

1. To provide participants the opportunity to develop discipline and character, to strengthen inner qualities and to grow as a total athlete. The camp will emphasize the importance of preparing physically, mentally and spiritually for the sport of football... and for life!

2. To provide participants the opportunity to learn and improve their football knowledge and skills. Under the guidance of experienced football coaches, each participant will come away with a better understanding of the great game of football. The camp is designed to meet each player's needs at a particular position, while they learn important techniques and fundamentals that are basic to the game of football.

Campers will also make lifelong friends and have a lot of fun. We look forward to having your son join us for the 2009 Central State University Football Camp!

E.J. Junior  
Head Football Coach  
Central State University

### **2009 CSU Football Camp**

#### **Cost:**

The total cost of the four-day camp is \$150.00 which includes: Room, Meals, T-shirt, Giveaways and Awards. A Deposit of \$50.00 is required with the registration form. The balance of \$100.00 may be paid in advance or at Camp Check-in. We are grateful for the many donations that allow this camp to be offered at such an economical rate. If by any chance, your child (ren) is unable to participate due to the registration fee, please seek sponsorships money through churches, businesses, and/or extended family members.

#### **Safety:**

Complete care will be taken by all coaches to insure the safety of camp participants. Each drill and activity used by coaches is designed with the safety of the athlete in mind. Participants will be evenly grouped according to age and grade. A licensed Athletic Trainer will be on site.

#### **What to Bring (3 nights and 6 Practices):**

- Football Cleats
- Gym shorts, t-shirts, socks
- Pillow, sleeping bag or single bed covering with blanket, sleep wear
- Dirty Clothes bag
- Towel set, soap shampoo, toothbrush, etc.
- Swimming trunks, Basketball shoes
- Extra spending money for camp store and Pizza
- Please leave all valuables (TV's, CD players Game Boys, Xbox, Playstation, PSP, Jewelry, etc) at home. CSU will not be responsible for lost/stolen items.

#### **Camp Miscellaneous:**

- Limited to first 200 campers.
- Groups of 10-12 athletes will be chaperoned by trained counselors
- Cash may be kept in Camp Bank (optional)
- Athletes must always wear their Camp ID

# **2009 Central State University**

## **Boys Football Camp**

June 21-24, 2009

Ages: 11-15

Limited to First 200 Campers



NCAA D-II National Runner-Up 1983  
NAIA National Champions  
1990, 1992, 1995

Central State University  
Wilberforce, OH